



Templeman Aquatic Centre Recreational Swim Schedule

April 8 to June 30, 2024

QSWC.CA 613-966-4632

265 Cannifton Road, Belleville, ON

Pre-registration is required for all recreational swims.

Lane Swim

Main Pool

The number of lanes may vary depending on other programs. Lanes are shared with up to 4 people per lane.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:00-6:55am	7:00-7:55am	6:00-6:55am	7:00-7:55am	6:00-6:55am	1:00-2:00pm (1/2 pool)	8:00-8:55am
7:00-7:55am	8:00-8:45am (1/2 pool)	7:00-7:55am	8:00-8:45am (1/2 pool)	7:00-7:55am	2:15-3:15pm (1/2 pool)	9:00-10:00am (1/2 pool)
8:00-8:45am	9:00-9:55am	8:00-8:45am	9:00-9:55am	8:00-8:45am		1:00-2:00pm (1/2 pool)
11:00am-12:00pm (1/2 pool)	10:00-10:45am (1/2 pool)	11:00am-12:00pm (1/2 pool)	10:00-10:45am (1/2 pool)	10:00-10:45am (1/2 pool)		2:15-3:15pm (1/2 pool)
3:00-3:45pm	11:00am-12:00pm (1/2 pool)	3:00-3:45pm	11:00am-12:00pm (1/2 pool)	11:00am-12:00pm (1/2 pool)	Pool Closed: April 8 (10:30am–6:00pm) May 14 & 20 (All Day) June 22, 23, 29, 30 (All Day) Special Schedule: May 18 & 19 (Public Swims/Lane Swims Only) 11:30am-12:30pm 1:00-2:00pm 2:15-3:15pm	
3:45-4:30pm	3:00-3:55pm	3:45-4:30pm	3:00-3:55pm	12:00-12:45pm (1/2 pool)		
8:00-8:45pm (1/2 pool)	8:00-8:45pm (1/2 pool)	8:00-8:45pm (1/2 pool)	8:00-8:45pm (1/2 pool)	3:00-3:55pm		

Family Swim

1/2 Main Pool or Therapy Pool/Preschool Pool

All children under the age of 16 must be with an adult who remains in the pool with them.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9:00-10:30am	10:00-10:45am (Main Pool Only)	9:00-10:30am	10:00-10:45am (Main Pool Only)	9:00-10:30am		9:00-10:15am

Parent and Tot Swim

Therapy Pool/Preschool Pool

Parent/guardians and children ages 4 and under.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	3:15-4:00pm		3:15-4:00pm			



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Public Swim

1/2 Main Pool or Therapy Pool/Preschool Pool

For all ages. Children under the age of 10 must be accompanied by an adult. Children who do not pass the facility swim test must have an adult in the water swim within arm's reach at all times.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
11:15am-12:30pm	11:15am-12:30pm	11:15am-12:30pm	11:15am-12:30pm	11:15am-12:30pm	1:00-2:00pm	1:00-2:00pm
	7:30-8:55pm				2:15-3:15pm	2:15-3:15pm

Rehabilitation Swim

Therapy Pool

Therapeutic swim to work on rehabilitation, mobility, stretching and strengthening.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7:00-8:30am	7:00-8:30am	7:00-8:30am	7:00-8:30am	7:00-8:30am	8:00-9:00am	8:00-9:00am
3:15-4:00pm		3:15-4:00pm		3:15-4:00pm		

Senior's Swim

Main Pool or Therapy Pool

For ages 50+.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm		

Notice:

- For all Family Swims, Public Swims and Senior's Swims, you will be booking into the main or therapy/preschool pool. Moving to a different pool is based off availability and is not guaranteed.
- Lane swims will permit up to 4 people per lane.
- Please make sure you're aware of the entrance guidelines and pool admissions policy.
- Pre-registration is required for all recreational swims.
- Support workers and children under 2 swim free. Children of all ages, including 2 and under need to be registered. Support workers are supporting persons with disabilities.

Recreational Swim Fees - \$4.00/child, \$5.00/adult